

# Run Wild Relays

Hosted by the University of Michigan-Dearborn  
8:00 am – April 5<sup>th</sup>, 2008  
UD-Mercy Varsity Track – Detroit, Michigan

7:00am – Teams allowed on track, 8:00 am – Check-in for 1<sup>st</sup> relay

4x800

4x1600 (cross country style)

400-800-800-400

4x100 (co-ed shuttle relay)

400-800-1200-1600

200-400-600-800

4x400

11:30 am – Awards

**Entry:** \$10 per person or \$200 per club maximum. Shirts will be sold at the meet for \$10!  
**\*\*\*Return entry form by Sunday, March 30, 2008\*\*\***

**Description:** While this is a club only invite, it is *not* a NIRCA sanctioned event.

**Awards:** 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> place team trophies on the men's & women's side will be awarded.

**Scoring:** The top 3 relay teams in each event will score (5-3-1). In the event that event attendance is different than expect, scoring changes will be made to reflect it and all teams will be notified of such a change before the meet date.

**Results:** Complete results will be posted on [www.umdx.org](http://www.umdx.org).

**Hotel Info:** There are many options close by, contact Justin for details.

## Directions:

## University of Detroit-Mercy

Varsity Track  
4001 W McNichols  
Detroit, MI 48221

**From 94 East or 94 West** – Take Southfield Freeway NORTH, exit 204

Follow the Southfield, heading north for ~8 miles  
Take I-96 EAST, exit 11 toward Downtown Detroit  
Head east for ~3 miles  
Take Davison WEST, exit 186B  
Turn LEFT onto Livernois, continue for ~2 miles  
Turn RIGHT onto McNichols

University entrance is on the RIGHT side of the road

**From 96 East** – Follow above directions beginning at "Take I-96, exit 11..."

**From 75 South** – \*\*Major construction and road closures\*\* Please contact Katie for directions.

## Contact Information:

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